

# Work With Me Here!

## Professional Development Seminar

**Thursday, August 15th**

**8:30 AM - 12:30 PM**

**Warren County Community College**

**475 NJ-57**

**Washington, NJ 07882**



Calling all Disability Advocacy and Human Service Professionals! The NJ Self-Advocacy Project team is hosting a FREE half-day seminar for all DSPs. The event is free of charge to any Direct Support Professional, program administrator, or staff member supporting people with intellectual and developmental disabilities.

### **SCHEDULE**

**8:30 - 9:00 AM: Registration**

**10:45 - 11:45 AM: Workshop Session #2**

**9:00 - 9:15 AM: Opening remarks**

**12:00 - 12:30 PM: Wrap up,  
Distribute Certificates of Attendance**

**9:30 - 10:30 AM: Workshop Session #1**

### **Workshop A: "Hello, I'm Here."**

**Presenters:** Jessica Lax, Self-Advocate, MSW, LSW

Crystal Rogers, Parent Advocate, Political & Community Organizer with NY State Nurses Association

How we treat one another matters. The treatment of people with disabilities is a subject that is often overlooked. This presentation discusses how effectively interacting with people with disabilities leads to inclusion and acceptance.

### **Workshop B: "Decisions, Decisions!"**

**Presenter:** Carinne Buzzuto, Training Coordinator & Self-Advocacy Advisor at The Arc of Warren

DSPs will learn how to effectively help Individuals with I/DD make choices in their lives. This workshop will focus on knowing the people you support well, so that suggestions and what is offered is catered to what the individual likes. How to know what a person wants, without needing them to tell us with words/ sentences, will also be discussed and there will be a group activity.

### **Workshop C: Best Practice or Best Friend? The Value of Professional Boundaries**

**Presenter:** Wesley Anderson, Director of Training and Consultation Services at The Arc of NJ

Maintaining a healthy work-life balance is a challenge in any field. However, the line between what is helpful for the individuals we serve in the short-term and empowering for them in the long-term are not always one and the same. In this session, we will discuss the difference between the two and explore strategies for navigating the gray area.

**Please see the reverse side to register!**

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The seminar is **FREE**, but registration is required to attend.

Please fill out the form and designate **2 workshop choices**.

Name: \_\_\_\_\_

Agency: \_\_\_\_\_

E-mail Address: \_\_\_\_\_ Phone Number: \_\_\_\_\_

### Workshop A: "Hello, I'm Here."

Presented by Jessica Lax and Crystal Rogers

This presentation discusses how effectively interacting with people with disabilities leads to inclusion and acceptance

### Workshop B: "Decisions, Decisions!"

Presented by Carinne Buzzuto

DSPs will learn how to effectively help Individuals with DD/ID make choices in their lives.

### Workshop C: Best Practice or Best Friend? The Value of Professional Boundaries

Presented by Wesley Anderson

In this session, we will discuss the line between what is helpful for the individuals we serve in the short-term and empowering for them in the long-term, the difference between the two, and explore strategies for navigating the gray area.



Please send your completed form to Erin Smithers at [ESmithers@ArcNj.org](mailto:ESmithers@ArcNj.org).  
If you have any questions, contact Erin by email or call (732) 246-2525 ext. 26.