

run walk ride



21-Day Virtual Challenge
Run Walk Ride
18 Mile Coastline

LBI

Proceeds Benefit:



**Friday September 18, -
Saturday October 10, 2020**

The Arc, Ocean County Chapter is challenging the community to run, walk or ride the 18 mile coastline of LBI from anywhere in the world!

Event proceeds support The Arc's COVID-19 Relief Campaign to purchase touchless sinks at each of the vocational day programs serving individuals with intellectual and developmental disabilities in Ocean County, NJ.

- ✓ Registration is \$25 and all participants will receive a race bib and ribbon.
- ✓ Participants who fundraise \$100 or more will receive an #ArcOcean visor as a thank you!
- ✓ This fun event encourages fitness for all ages and abilities. Go at your own pace and track your miles.
- ✓ Visit www.RunSignUp.com and search Arc Ocean to register.

www.arcocean.org



#ArcOcean18Miles