

JULY'S THEME IS: RED, WHITE & BLUE

COVER FIVE IN A ROW TO WIN

COVER THE FULL BOARD FOR A SPECIAL PRIZE



Properly recycle a found item

Do the "eagle" yoga pose

Complete a Conquerer Challenge (50+ miles)

A food with blueberries

A white flower



An American flag outdoors

A selfie wearing stripes

A vegetable on the BBQ

A blue flower

A bird of prey



Fireworks in the sky

A hydrating drink with a blue label



A fitness tracker with 10,000 steps

Show how you are independent



A red flower

Your fitness goals for July

A set of animal tracks or paw-prints

You playing an outdoor sport

Use a compass to find North



A first-aid kit

A map with a red, white or blue trail

A blue lake, river or pond

Animal with white fur or feathers

A selfie wearing stars



Join our us for our **"TRAILBLAZERS"** virtual movement club from June - September as part of our **"HEALTHY LIFESTYLES PROJECT"**. Participate in our monthly **SCAVENGER HUNT BINGO** and you could win a prize! Simply take a photo of the given prompt and share during our meetings each **TUESDAY AT 11 AM**. If you complete a line of five in a row, you'll get a prize!

[HTTPS://WWW.ARCNJ.ORG/PROGRAMS/NJSAP/HEALTHY-LIFESTYLES-PROJECT/TRAILBLAZERS.HTML](https://www.arcnj.org/programs/njsap/healthy-lifestyles-project/trailblazers.html)