

PROTEST SAFETY



THIS IS
WHAT
SELF
ADVOCACY
LOOKS
LIKE
#DDAM2024



WWW.DISABILITYAWARENESSNJ.ORG

WEAR

- 1 HAT / SUNGLASSES
- 2 LAYERED CLOTHING
- 3 BAG / BACKPACK
- 4 CLOSED TOE SHOES

DO

EDUCATE YOURSELF
PREPARE PHYSICALLY AND MENTALLY
KNOW YOUR RIGHTS
FORM A GROUP
MAKE A PLAN
HELP OTHERS AROUND YOU

BRING

- 1 WATER / SNACKS
- 2 PROTEST SIGN
- 3 HAND SANITIZER
- 4 POWER BANK
- 5 IDENTIFICATION
- 6 EMERGENCY CONTACT



DON'T

WEAR CONTACT LENSES OR MAKEUP
TAKE PHOTOS THAT VIOLATE PEOPLE'S RIGHTS
RUN IN A CROWD
POLICE OTHERS BEHAVIOR