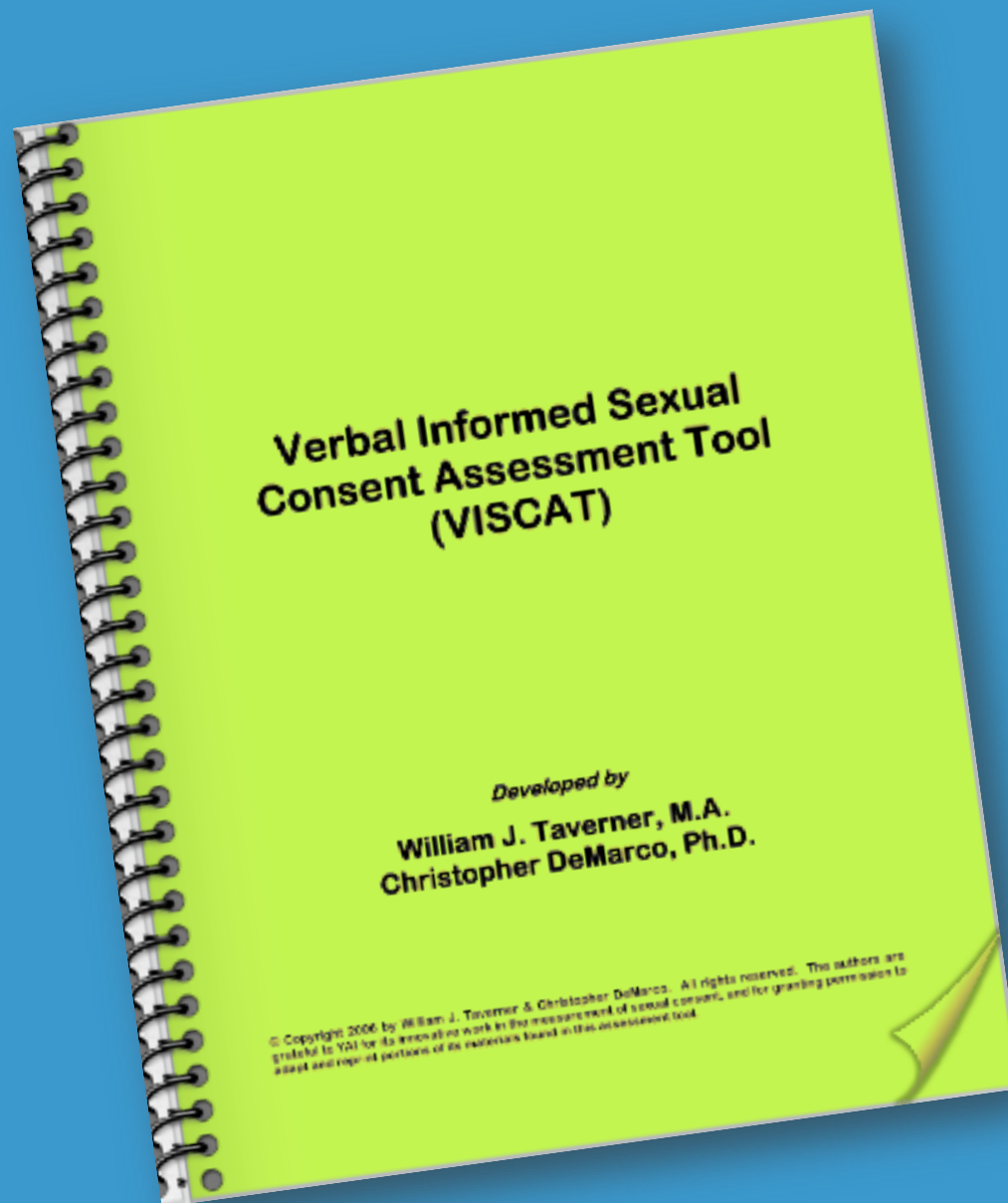


Sexual Rights and Sexual Consent

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The right to sexual freedom.

**The right to sexual autonomy,
sexual integrity, and safety of the
sexual body.**

The right to sexual privacy.

The right to sexual equality.

The right to sexual pleasure.

**The right to emotional sexual
expression.**

**The right to sexually associate
freely.**

**The right to make free and
responsible reproductive choices.**

**The right to sexual information
based upon scientific inquiry.**

**The right to comprehensive
sexuality education.**

Sexual rights are...



VISCAT Consent Criteria

1. The person is aware of the sexual act and can make a choice to participate or not.
2. The person understands how to prevent unwanted outcomes, such as pregnancy and sexually transmitted infections.
3. The person understands the need to restrict sexual behaviors to certain times and places.

VISCAT Consent Criteria

4. The person understands that certain sexual behaviors are illegal.
5. The person has the ability to identify harmful situations and to avoid being exploited and harmed.

From Taverner, B, & DeMarco, C. (2006). *Verbal Informed Sexual Consent Tool*.

Guidelines for Consent

To be able to *freely* and *safely* consent to a sexual behavior, a person needs to:

1. **Know** exactly what the sexual behavior involves.
2. **Be able to decide** whether or not to engage in that sexual behavior, with that partner, at that time, at that place.
3. **Understand their own feelings** about engaging in that sexual behavior, with that partner, at that time, at that place.
4. **Talk with their partner** about their feelings and decisions.
5. **Decide with their partner what methods to use** to prevent unwanted pregnancies and sexually transmitted infections.
6. **Know** the local law regarding age of consent.
7. **Be able to identify** when a situation may be harmful.
8. **Recognize** warning signs of abuse or being controlled.

Scenarios

Steve lives in a supported apartment with his roommate Joe. Joe has a girlfriend and he talks about having sex all the time.

Steve has never had sex. He just started dating Mary, who has dated a lot and he thinks she'll expect Steve to have sex. He is afraid that he won't know what to do.

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Scenarios

Lynn has been with her boyfriend Sam for almost a year. Recently, he has become very demanding, telling her what to wear, what to do, and when to have sex. Though Lynn likes being sexual with Sam, she does not like being forced to do it. Sam has threatened to break up with her if she protests.

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Scenarios

Lisa is at a party. She wants to go home, but the friend she came with does not want to leave. A guy at the party whom she's never met overhears their conversation and offers Lisa a ride. She knows it is risky to go alone in a car with someone she doesn't know, so she calls her older brother to pick her up.

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Scenarios

Pedro and John live in a group home, and each has his own bedroom. They have had an ongoing sexual relationship for about 10 years.

Each time that John wants oral sex, he gives a distinct knock on Pedro's door. Earlier, the two had an argument and Pedro is still upset that John yelled at him. Now John gave his distinct knock on Pedro's door.

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Scenarios

Mike and Jessica love and trust each other. They both want to have sexual intercourse but Jessica is afraid of getting pregnant. She can't imagine what she would do!

They talk about it and listen to each other. He tells her he understands her feelings, and says he knows how to use condoms and also remembers the Planned Parenthood lady saying something about a pill that can keep her from getting pregnant.

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What to do?

Q & A

Thank you.