

Finding Trails

How To Find Trails In Your Area

1

ALL TRAILS

- A great free resource to find trails in your area.
- You can read reviews to learn more about the trail.
- All Trails will show you length, time, terrain, and difficulty. Great information to help you be prepared ahead of time.

2

GOOGLE MAPS

- Another great free resource to find trails in your area.
- Does a good job of updating changes to trails.
- Google is very accessible to screen readers and will show you if places and trails are accessible.

3

PAPER MAPS

- Your library should have trail maps and books for your area.
- Some stores, like REI, will have free maps for you to take. The workers might also be knowledgeable on those trails.
- Make sure the maps you use are up to date.



Reading Maps:

Use a Compass

This will help you know what direction you are heading. Most phones have a compass installed already.

4

BE PREPARED

- Wear proper footwear for the terrain you are using.
- Bring more water than you think you will need, especially when you are going out in the summer.
- Take note if there are restrooms on the trail.
- Use bug repellent and sunscreen.

5

"TAKE IN, TAKE OUT"

- All trails use the "Take In, Take Out" system. Meaning whatever you bring into the woods you need to also carry out.
- There aren't trash bins on the trail and littering is against the law and bad for the animals.
- Bring a bag you can use for garbage.

6

BE RESPONSIBLE

- Keep the trail how you found it. Don't change the scenery. Don't pluck flowers, or tear branches. Don't throw things in ponds, or mess with Blazes.
- Leave things how you found them.
- Do not interact with the wildlife you find along the trails.

Be Prepared

If you are using a map on your phone make sure it is downloaded in case you don't have service. Know your route ahead of time. Use Landmarks along the way to make sure you are on the right path.

Use the Correct Map

Make sure the map you have is the most current and updated map.

Hiking can be a great way to exercise and get out in nature but make sure you are being respectful to the environment and to your body!