

TEAM BUILDING

the action or process of causing a group of people to work together effectively as a team, especially by means of activities and events designed to increase motivation and promote cooperation.

DID YOU KNOW?

- 80% of the success of a team is due to team building and cohesive working relationships.
- Only 20% is the actual process of knowing what you have to do!

IMPROVE THESE SKILLS

- Networking
- Bonding
- Socializing
- Team Performance
- Team Spirit
- Collaboration
- Communication
- Creativity

TEAM BUILDING HELPS YOU:

- Get to know each other
- Learn each other's strengths
- Learn how to work well with each other
- Have a little fun!

OTHER ACTIVITIES TO DO TOGETHER

- Start a book club or another hobby club
- Have monthly team meetings or get togethers
 - Provide group mentoring
 - Start a sports team
- Meet off site to develop personal relationships
 - Organize charity events
- Host activities for team members and their families
- Continue offering more classes and/or trainings



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TEAM BUILDING

Try some of the team building activities explained below! You will want to have at least one person available to lead your team through these activities.



2 TRUTHS AND A LIE

Write down 2 things that are true about you and 1 thing that is realistic but not true. Try to make them things people might not know about you! Now, take turns guessing which is the lie!



TIME LINE

Everyone falls into a line. You are then asked to arrange yourselves in different orders, such as by birth date or height. The catch is that you cannot talk to each other.



BLIND DRAWING

Pair up and sit back to back. One person gets a pen and paper and the other gets a simple image (such as a flower, or house). Without saying what the image is, give instructions to the other person, step by step using basic shapes, so that they draw the image you are looking at.

STRING THEORY

Have one person act as a guide. A long piece of string is placed on the table. All team members must surround the string. Each person, except the guide, is then blindfolded and must arrange the string into different shapes as a team. The guide designates the shapes and makes sure everyone is safe.



STRANDED

You are now locked in a room! The doors and windows don't work. The group must agree on 10 items you all need for survival, ranking them in order of importance. Be specific! Try to come to a consensus in 15 minutes.



ROBOT TEAM MEMBER

Split into groups and create a super robot worker that has one positive trait from each member of your group. Each member will then take turns drawing this robot. Next, the group will come up with a problem that this robot could solve in a normal day using all of its new traits.

