#DDAwarenessMonth

DD Awareness Month exists to spread awareness about intellectual and developmental disabilities (I/DD), educate others about the importance of inclusion, and to share the stories, strengths and successes of these individuals.

Intellectual disability is a below-average cognitive ability with 3 characteristics: I.Q. is between 70-75 or below, significant limitations in the ability to adapt and carry on everyday life activities such as self-care, socializing, communicating, etc., and the onset occurs before age 18.

Developmental disability is a broader term that includes ASD (autism spectrum disorders), epilepsy, cerebral palsy, developmental delay, fetal alcohol syndrome and other disorders that occur during the developmental period (birth to age 18). The major differences are in the age of onset, the severity of limitations, and the fact that a person with a developmental disability may or may not have a low I.Q.



March is DD Awareness Month! Celebrate with us.

www.DisabilityAwarenessNJ.org

