

STAY HEALTHY AT HOME WEBINAR SERIES WILL BEGIN AT 2 PM

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Stay

HEALTHY

at Home

**NEW JERSEY SELF-ADVOCACY PROJECT**

**CELEBRATING  
DD AWARENESS  
MONTH**

**ACTION ALERTS &  
ADVOCACY CAMPAIGNS**



**STAY HEALTHY AT HOME WEBINAR SERIES  
MARCH 1, 2022 FROM 2 - 3 PM**

# INTRODUCTION

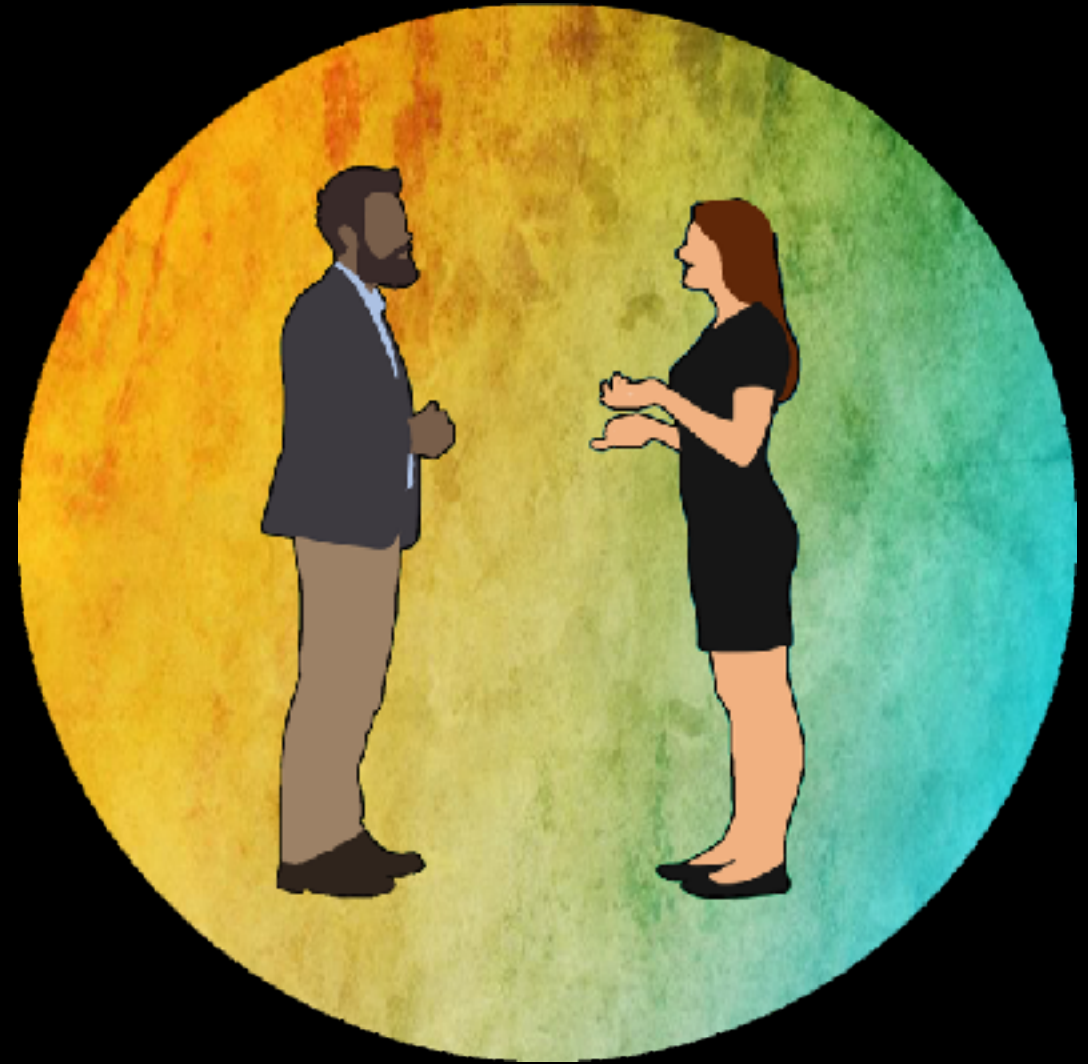
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- ▶ Erin Smithers, Assistant Director of the [\*\*New Jersey Self-Advocacy Project \(NJSAP\)\*\*](#)
- ▶ NJSAP has been a Division-funded program of The Arc of New Jersey since 1983
- ▶ NJSAP supports the state's largest network of individual self-advocates and self-advocacy groups
- ▶ NJSAP provides comprehensive training and resources to self-advocates, Direct Support Professionals, and agency personnel



# TODAY, WE WILL DISCUSS:

- **Advocacy in action!**
- **Testimony** and its role in the legislative process
- How to participate in online advocacy campaigns and respond to **Action Alerts**



# WHAT IS ADVOCACY?



SPEAKING UP

WORKING FOR  
POSITIVE CHANGES

CAN BE DONE ON  
OUR OWN BEHALF  
OR ON BEHALF OF  
ANOTHER PERSON  
OR GROUP



# GET INVOLVED

- **Seek out organizations that align with your interests and personal beliefs**
  - **Sign up for email lists**
  - **Follow on social media**
  - **Participate in the Action Alerts, advocacy campaigns, and (when it's safe to do so) in-person events**
  - **Share, like, and spread information from *reputable* advocacy organizations**
- 





The Arc of the United States <info@thearc.org>

to me ▾

Mon, Jul 13, 3:54 PM (19 hours ago)



[The Arc's Public Policy](#) | [Action Center](#) | [Donate](#)



It's Time for the Senate to Act!

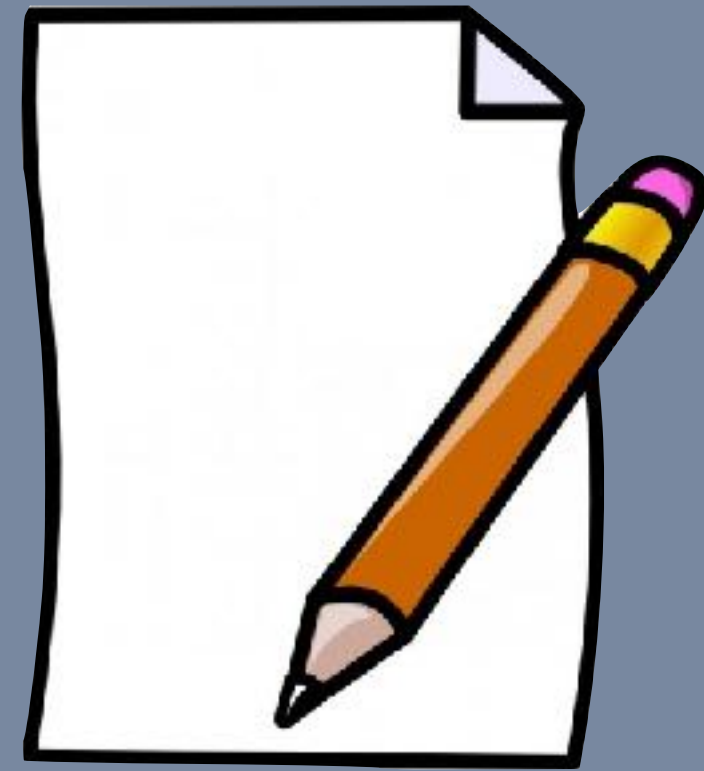
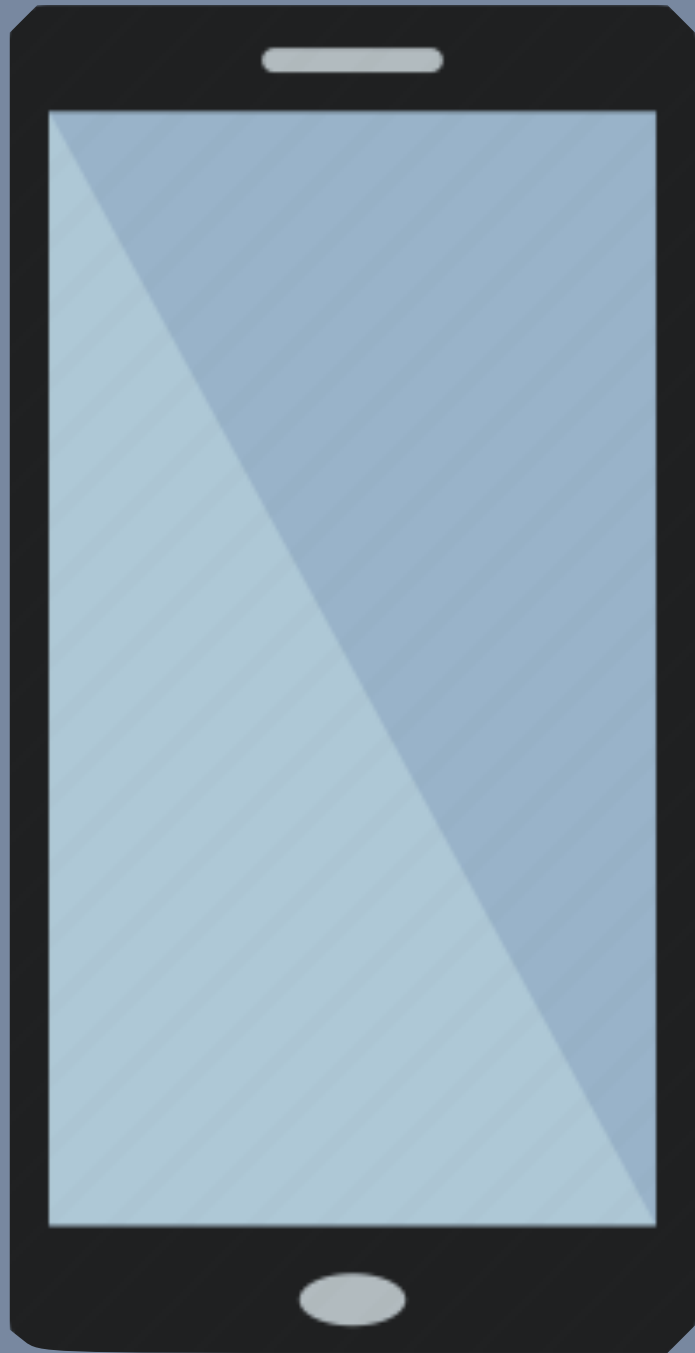
#WeAreEssential:

Tell Congress to Include the Disability Community in COVID-19 Relief Bills

TAKE ACTION NOW

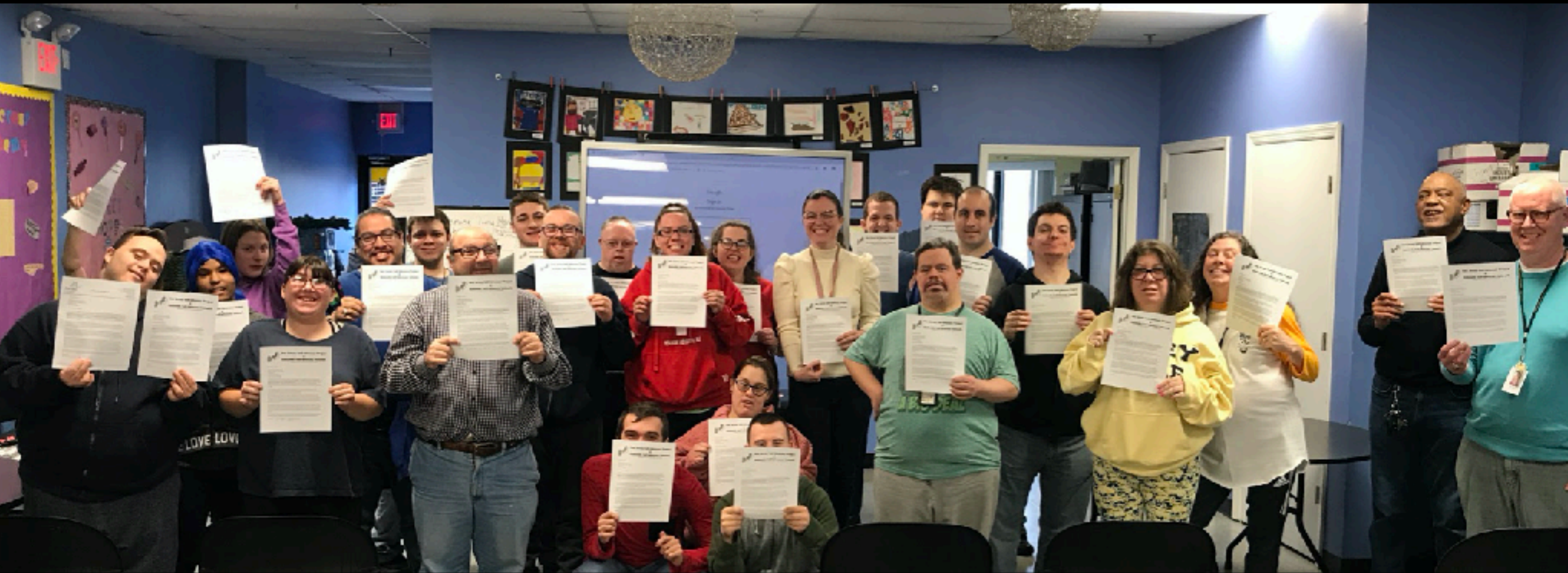


# WAYS TO ADVOCATE





# POWER IN NUMBERS!





**"INJUSTICE ANYWHERE IS A THREAT  
TO JUSTICE EVERYWHERE."**  
*Martin Luther King, Jr.*



# Questions?




# Comments?





# NJSAP CONTACT INFORMATION

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- ▶ Sign up to speak up! [Click here](#) to join our email list.
- ▶ Phone & Fax: 732-743-8345
- ▶  [twitter.com/NJSAP](https://twitter.com/NJSAP) or @NJSAP
- ▶  Facebook: [https://www.facebook.com/  
NewJerseySAP/](https://www.facebook.com/NewJerseySAP/)
- ▶  Instagram: [https://www.instagram.com/  
NewJerseySAP](https://www.instagram.com/NewJerseySAP)
- ▶ NJSAP Website: [http://  
www.njselfadvocacyproject.org](http://www.njselfadvocacyproject.org)

# RESOURCES FROM WEBINAR RECORDED ON JULY 28, 2020

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**New Jersey Self-Advocacy Project:** <http://njselfadvocacyproject.org>

“Ready to Poll: What You Need to Know to Cast Your Vote”: <https://www.youtube.com/watch?v=7vBqkT0EAt0&feature=youtu.be>

**New Jersey Citizen Action:** <https://njcitizenaction.org>

**The Arc of the US Action Center:** [https://p2a.co/IRPDZ5C?](https://p2a.co/IRPDZ5C?utm_source=p2a&utm_medium=email&utm_campaign=capitol-insider)

[utm\\_source=p2a&utm\\_medium=email&utm\\_campaign=capitol-insider](https://p2a.co/IRPDZ5C?utm_source=p2a&utm_medium=email&utm_campaign=capitol-insider)

Policy and Advocacy: <https://thearc.org/policy-advocacy/>

**New Jersey Division of Elections:** <https://www.state.nj.us/state/elections/voter-registration.shtml>

**New Jersey Legislature:** <https://www.njleg.state.nj.us/members/legsearch.asp>

Search by municipality: <https://www.njleg.state.nj.us/districts/municipalities.asp>

Search by name of representative: <https://www.njleg.state.nj.us/members/abcroster.asp>

Search by Legislative District: <https://www.njleg.state.nj.us/districts/districtnumbers.asp>

Interactive map of Legislative Districts: <https://www.njleg.state.nj.us/districts/njmap210.html>

Electronic correspondence: <https://www.njleg.state.nj.us/SelectMun.asp>

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