

The Arc of New Jersey Family Institute



For the families of people with intellectual and developmental disabilities



**For Immediate Action
Time Sensitive**

Action Alert

For Information Only

Tell Your Senators: NO Cuts to Medicaid

Proposed Medicaid cuts would have a devastating impact on people with intellectual and developmental disabilities. If your loved one:

- lives in a group home
- has the help of a job coach
- attends a day program
- receives respite services or
- behavioral supports

then MEDICAID MATTERS to YOU.

Did you know that special education is hugely reliant on Medicaid and that it helps pay for therapies (such as OT and PT), equipment and specialized transportation? If your child depends on those types of supports, then MEDICAID MATTERS to YOU.

These are just a few examples of the many, many things Medicaid makes possible for people with intellectual and developmental disabilities. That is why we need your help. Tell your representatives that MEDICAID MATTERS to YOU.

Take Action:

The Senate is now debating the American Health Care Act, which was passed by the House on May 4th. **Your Senators must understand the importance of Medicaid in the lives of people with disabilities and their families**, so we can stop bad health care legislation for good. **Senators are currently looking at placing caps on how much states can spend on Medicaid services.** Experience shows that over time these caps would mean devastating cuts to services.

Call Sen. Cory Booker at 202-224-3224

Then

Call Sen. Robert Menendez at 202-224-4744

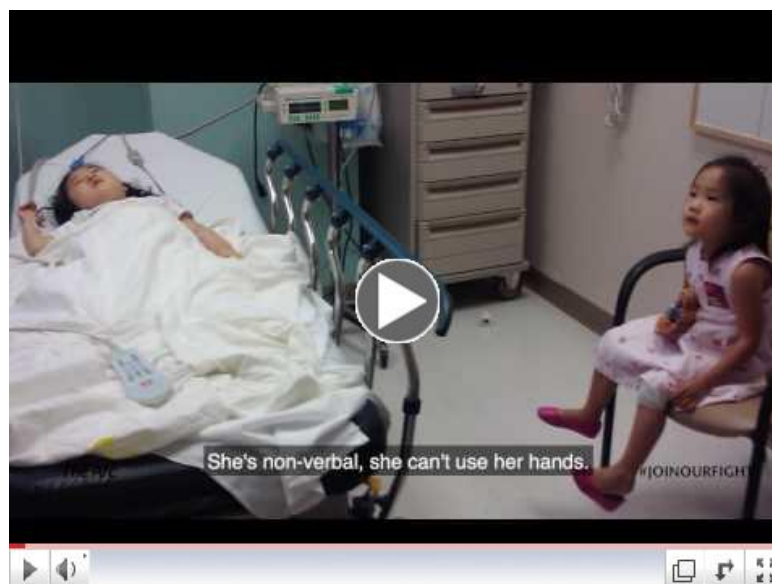
Here's what to say:

- I am a member of The Arc.
- I am a person with I/DD (or a family member of someone with I/DD, or a professional in the disability field).
- I (or my family member) depend(s) on Medicaid long term supports (or home and community supports) to live in my/our community.
- Please **OPPOSE** any legislation that will cut or cap Medicaid.
- These types of cuts would be devastating to me/us and other people with disabilities and their families.

For additional information, see [The Arc's fact sheet about Medicaid](#).

How else can you help?

[Share](#) on Facebook and Twitter this video below about Soojung & Alice. Soojung's daughter Alice was born with Rett syndrome and relies on Medicaid to get the care she needs to survive and thrive.



Meet Soojung & Alice

We appreciate all your calls and advocacy over these past few months and we know we can count on you to keep fighting.

Your Advocacy Tool Belt

We know that calling your representatives may feel overwhelming. We want to help you feel more comfortable and confident in your advocacy role. Below are some resources to help. If you have any questions or concerns, please contact us fap@arcnj.org.



Commonly Used Legislative Lingo

Appropriation: The money allocated if a bill becomes law.
Bill: A proposal to establish a new law, or to change, clarify or repeal an existing law.
Bipartisanship: agreement or cooperation of between political parties
Budget: The amount of money that is available for, required for, or assigned to a particular purpose.
Congressional District: One of 13 districts in New Jersey from which a representative is elected. The districts are established by state law and are redrawn following a census to maintain an equal population in each district.
Constituent: A resident of a legislator's district.
Fiscal Year (FY): An accounting period of 12 months. In New Jersey State government, the fiscal year runs from July 1 to June 30. The Federal government's fiscal year is the period of October 1 to September 30.
Floor: The area of the legislative chamber occupied by the members and staff of the house. A legislator "has the floor" when he or she has been granted permission by the presiding officer to address the house.
Legislative District: One of the forty areas in New Jersey from which one senator and three General Assembly members are elected. Districts, many of which cross county lines, are established by a special Apportionment Commission and are equal in population.
Legislative Information and Bill Room (LIBR): A unit under the Director of Public Information of the Office of Legislative Services that supplies a variety of information about the Legislature for legislators and the public.



Build a Relationship with Your Legislators

You are an expert! Every day you deal with issues as a family member of someone with an intellectual or developmental disability. Your representatives need to learn from you about what the issues are and how government can help. The key to having your voice heard is to build a relationship with your representative.

1. **Know your legislators and their staff.**
 - If you haven't met them, set up a meeting or write a letter to introduce yourself. This is especially important if the legislator is newly elected and they don't know the issue. Legislative schedules can be tricky, so be patient when trying to make an appointment.
2. **The information you provide your legislators should be understandable, accurate, and pertinent.**
 - Sharing personal stories about your family's experiences related to the issue is a good way to put a human face to a problem. When talking about services or programs don't assume your audience knows the lingo.
3. **Don't be afraid to ask how they intend to vote on specific issues and why.**
 - If they do not intend to vote and why, continue to build your relationship and share information that may sway their opinion.
 - When legislators do support your position, give them credit. Send them letters of thanks and share them with the editor of your local newspaper, column that can then support publicly. This would help for them to feel appreciated the next time you asked for their help!
4. **Work with a legislator's staff.**
 - Staff members conduct research, draft bills, make recommendations on amendments and develop expertise in areas in which their legislator is most devoted to the issue.
5. **Attend town council meetings, school board meetings, rallies, and other forums that are open to the public.**
 - This will give you an opportunity to meet key people involved in the issues, keep up to date on developments related to the issues, and voice your opinion.

TIPS FOR RESPONDING TO ACTION ALERTS When Calling Your Legislators

Have this information in front of you when you call so that you can access it if needed.

State that you are a constituent and calling about an issue or a Bill that is up for vote.

- Do not worry if you do not get to speak to the legislator directly, it is common for staff to answer calls.

Use People First Language when discussing your loved one.

- I.e. My sister Samantha has a developmental disability. NOT My developmentally disabled sister Samantha.

Make sure to **give them your contact information** so they can get back to you with information or to ask you follow up questions.

Clearly state what the issue is and what you are asking for. Try to stick to one key issue.

Keep your message short and simple.

State why the issue matters to you and how it will affect your family.


- I.e. "My son has a developmental disability and this will directly affect our family's life. If more community based housing is not created, my son will have nowhere to go if something were to happen to my husband and I."

If you do not know the answer to a question, be honest. Let them know you will get back to them. Make sure to follow-up later with the answer.

Ask for a commitment.

- I.e. "Can I count on the Senator to vote y/n/a on this issue?"

Always be polite and thank them for listening to your concerns.



Tips for responding to action alerts when calling

Commonly Used Legislative Lingo

How to Build a Relationship with your Legislators

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