

#### NEW JERSEY SELF-ADVOCACY PROJECT

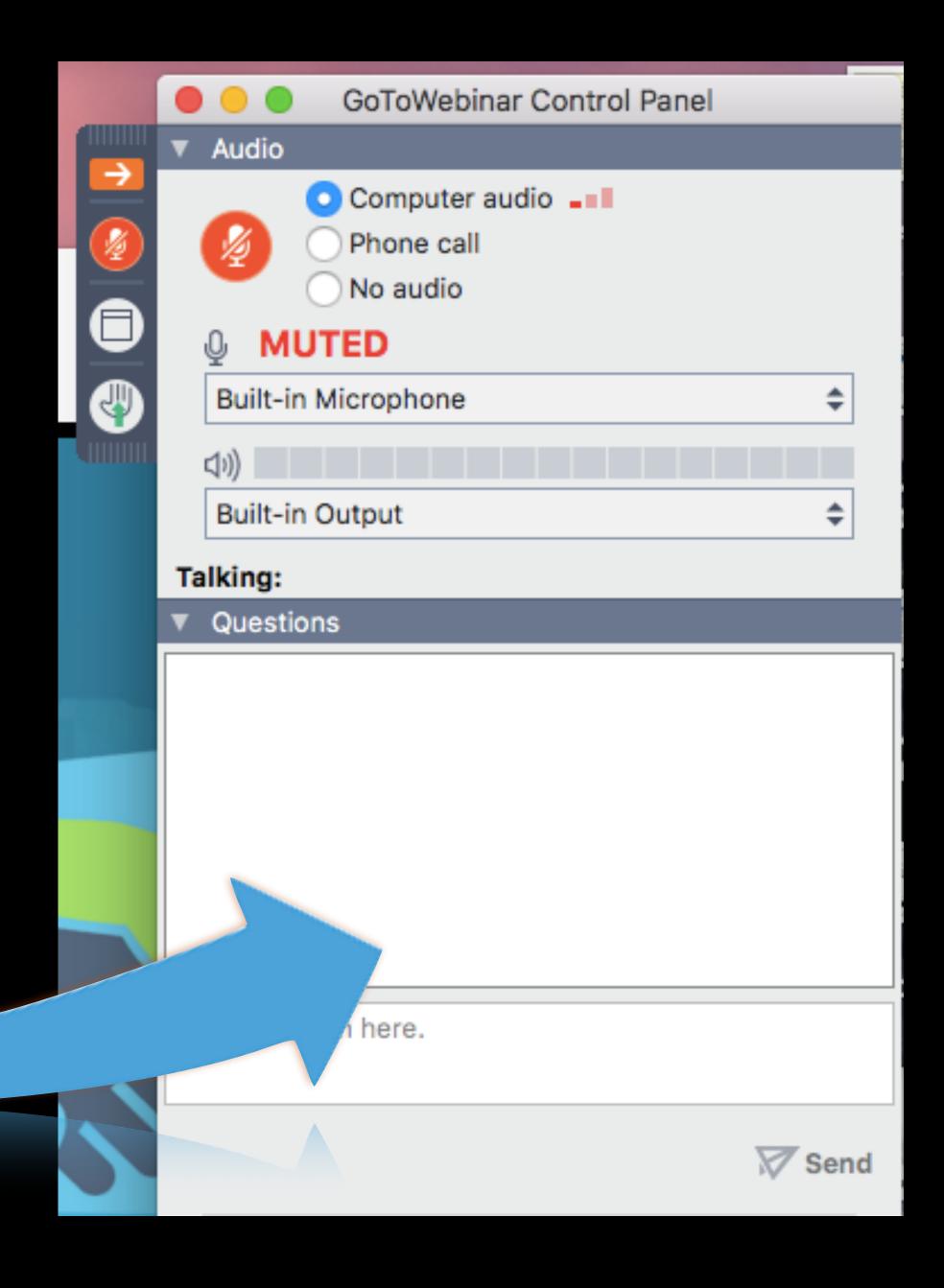


# Let's Stick Together: Navigating the Web of Online Communications for Staff and SelfAdvocates

STAY HEALTHY AT HOME WEBINAR SERIES

WEEK 8: MAY 26, 2020 FROM 2 - 3 PM

TYPE YOUR QUESTIONS, COMMENTS, FEEDBACK THE QUESTIONS BOX



#### INTRODUCTION



- Erin Smithers, the Information/ Referral Coordinator of the New Jersey Self-Advocacy Project (NJSAP)
- NJSAP has been a Division-funded program of The Arc of New Jersey since 1983
- NJSAP supports the state's largest network of individual self-advocates and self-advocacy groups
- NJSAP provides comprehensive training and resources to selfadvocates, Direct Support Professionals, and agency personnel

### TODAY, WE WILL DISCUSS:

Staying Connected

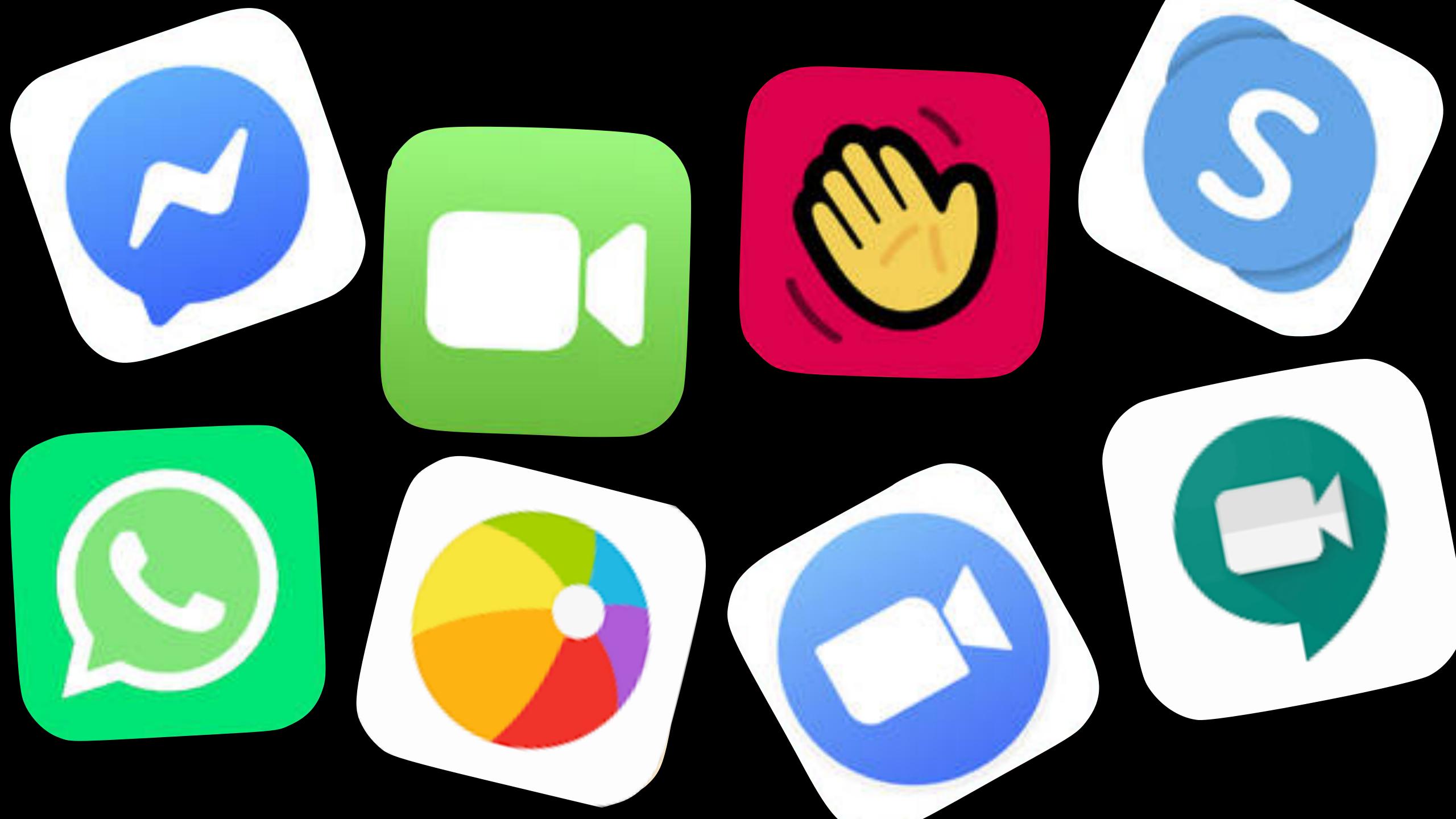
Explore App/ProgramOptions

Internet Safety Tips



# STAYING CONNECTED!

WHAT ARE OUR FREE OPTIONS?



#### POLL:

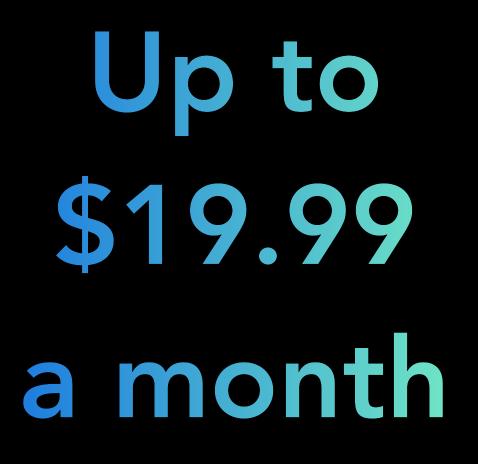
#### HAVE YOU USED ANY OF THESE PROGRAMS?

- I have never used/heard of most of these programs
- I have used these programs once or twice
- I use these regularly
- Other (please type answer in the questions box)

# STAYING CONNECTED!

WHAT ARE OUR PAID OPTIONS?







Up to \$429 a month



Up to \$49.99 a month

# BUSINESS: BIG 3

- ZOOM
- GOGLE MEET
- GOTOWEBINAR



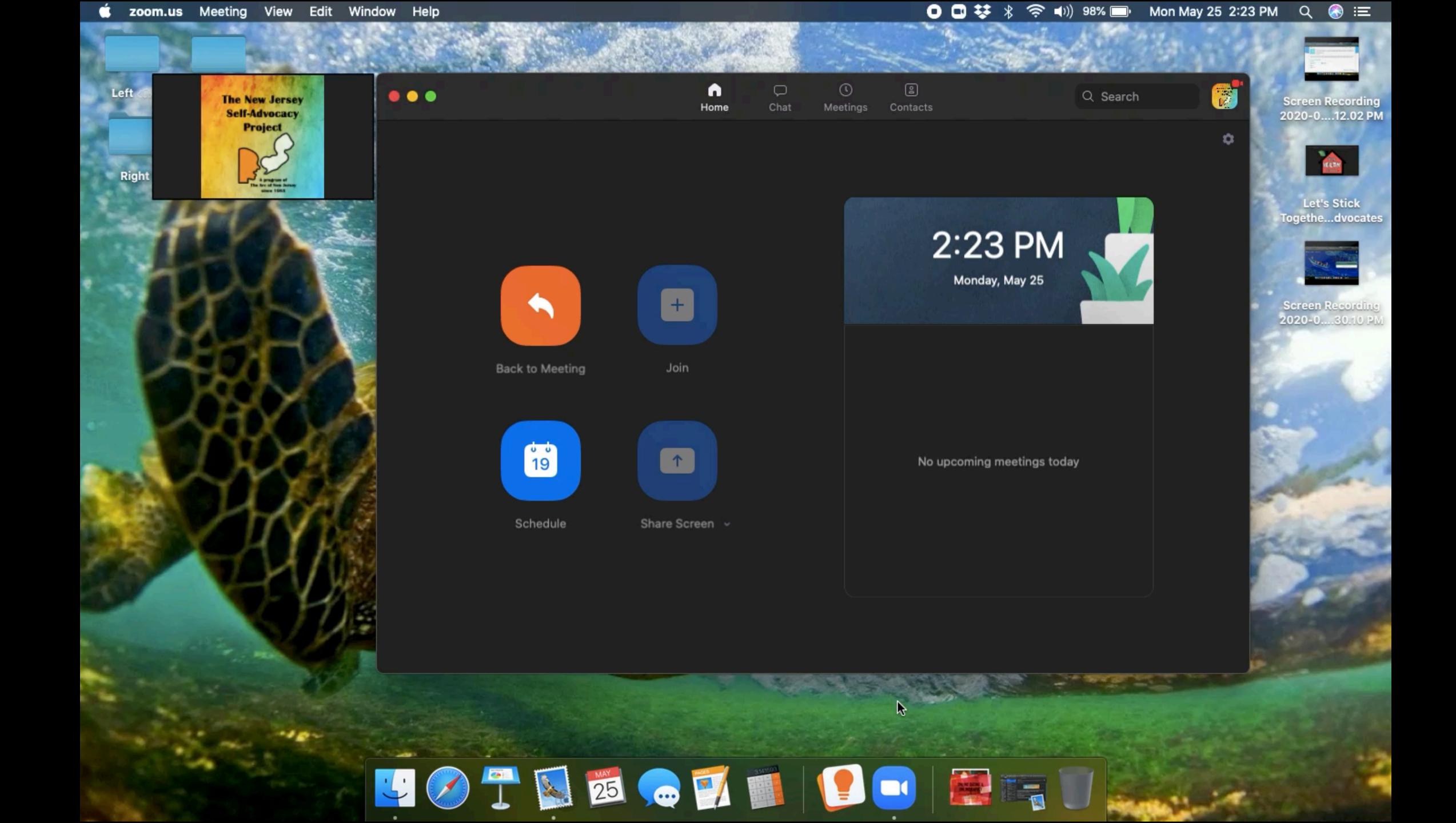
# POLL: WHAT IS YOUR ROLE WHEN YOU USE THESE PROGRAMS?

- Participant-I only view the trainings
- Trainer-I host the trainings
- I haven't used these programs yet
- Other (please type answer in the questions box)

### 

- Video Chat
- Phone Conferencing
- Screen Sharing
- Drawing
- Free up to 40 minutes

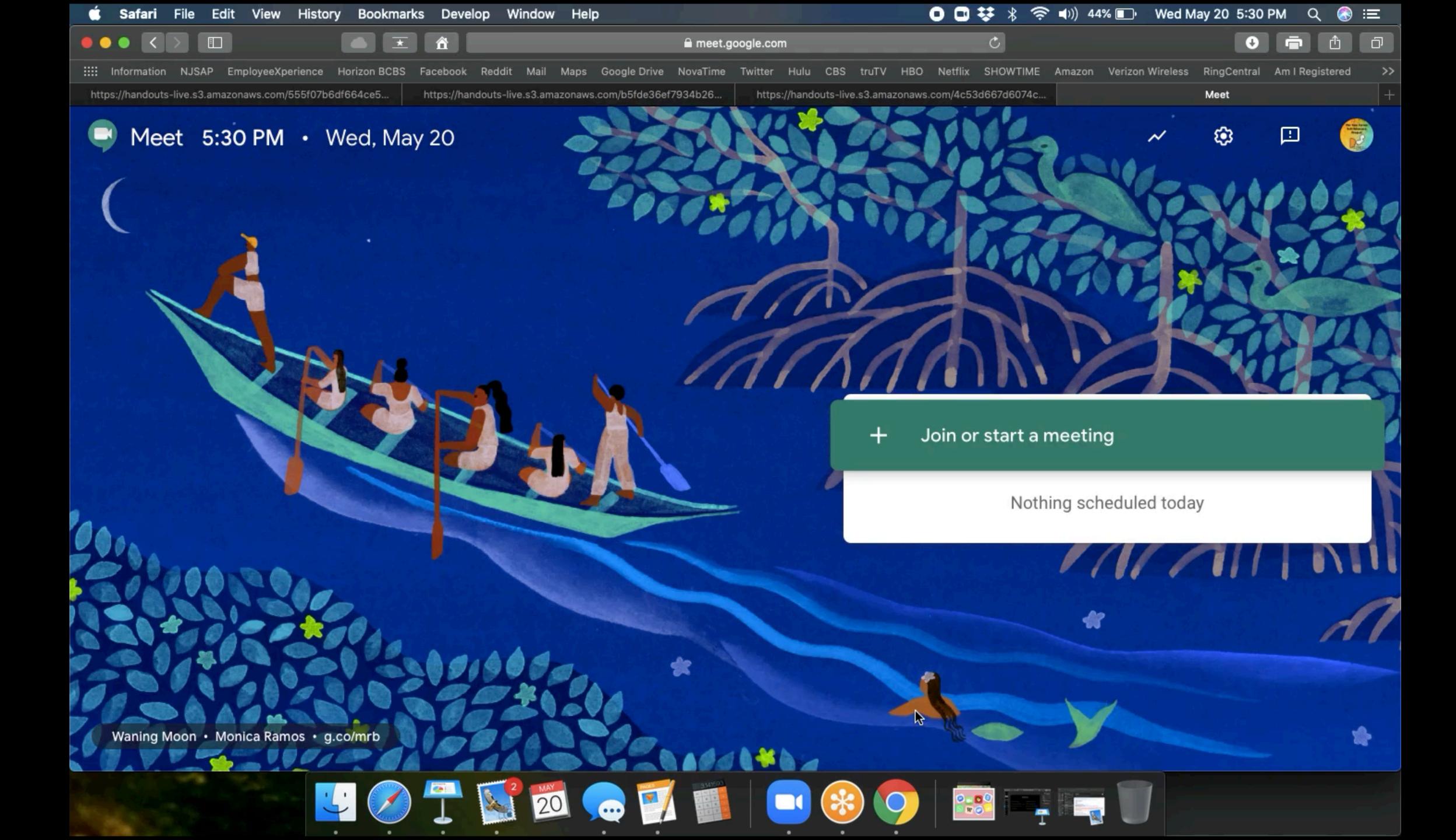
- Waiting Room
- Privacy Issues
- Up to 100 people
- Schedule Meetings



## GOOGLE MEET

- Video Chat
- Phone Conferencing
- Screen Sharing
- Completely Free

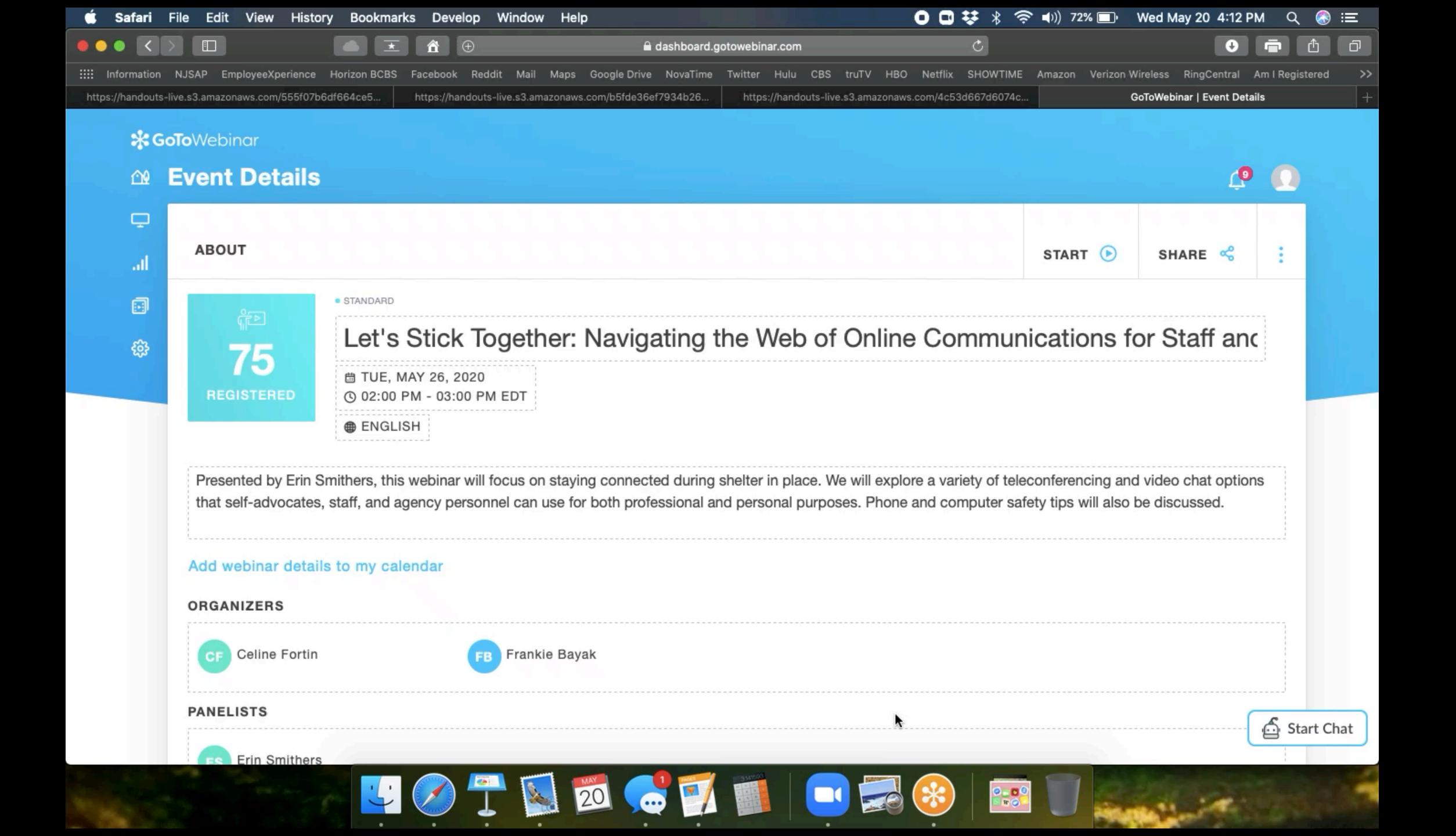
- Waiting Room
- Privacy Issues
- Up to 250 people
- Schedule Meetings



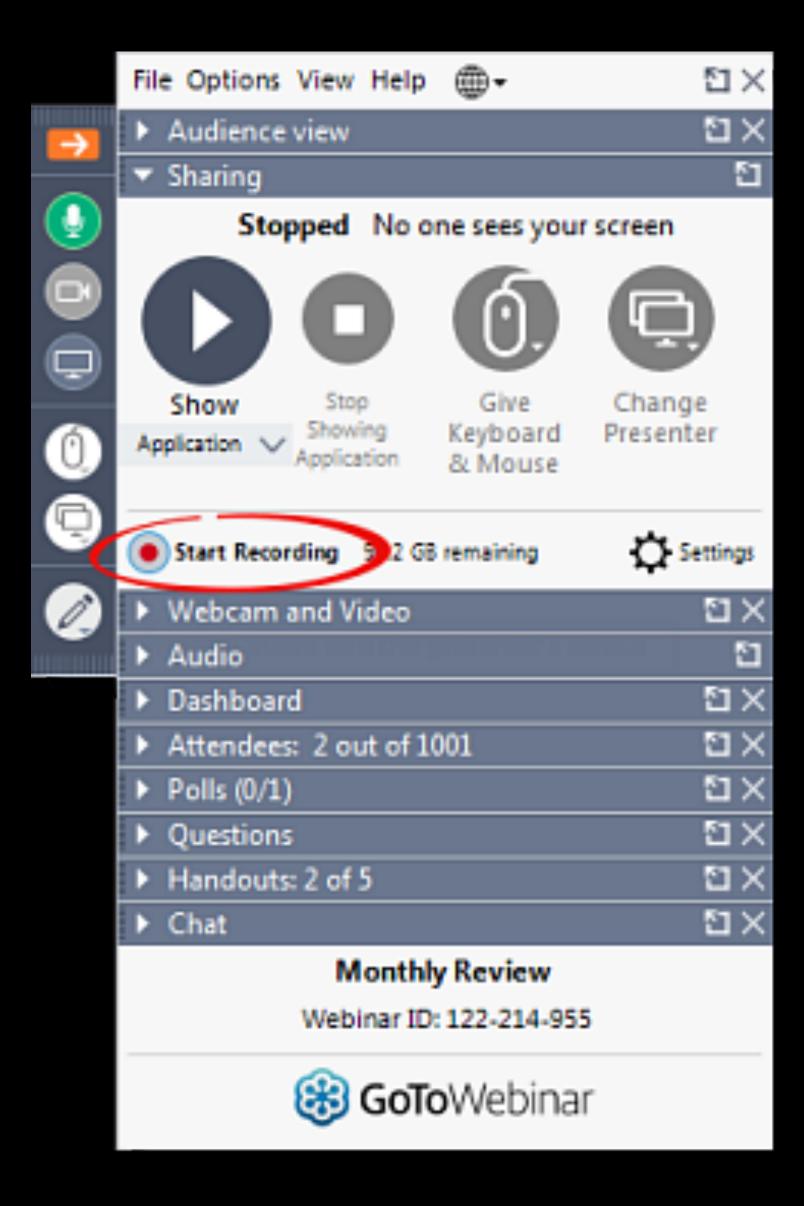
### GOTOWEBINAR

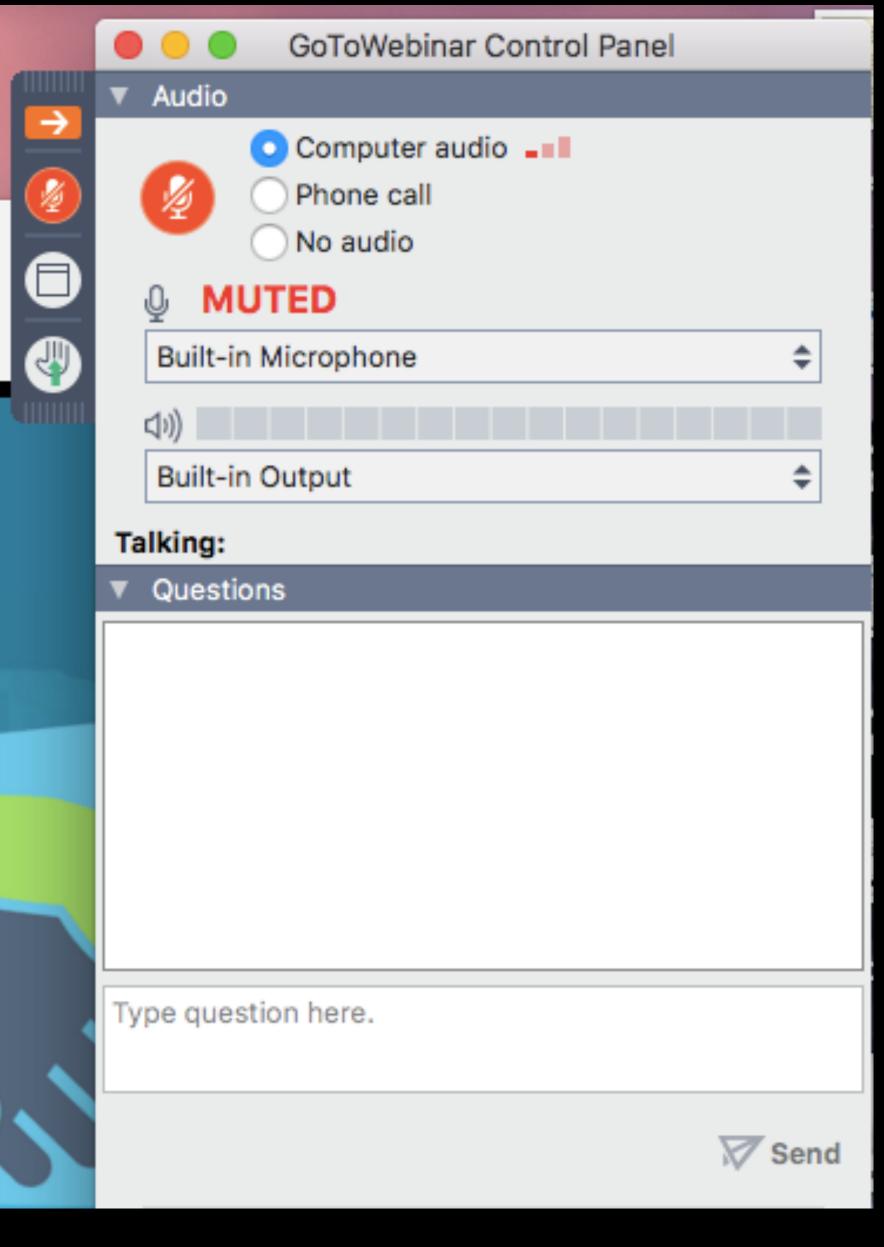
- Video Chat
- Phone Conferencing
- Screen Sharing
- Polls, Handouts,Videos

- 'Simulive'
- Very Secure
- Up to 10,000 people
- Schedule Trainings



#### HOST VIEW





#### PARTICIPANT VIEW

# MAINTAINING PERSONAL CONNECTIONS



## FACEBOOK MESSENGER



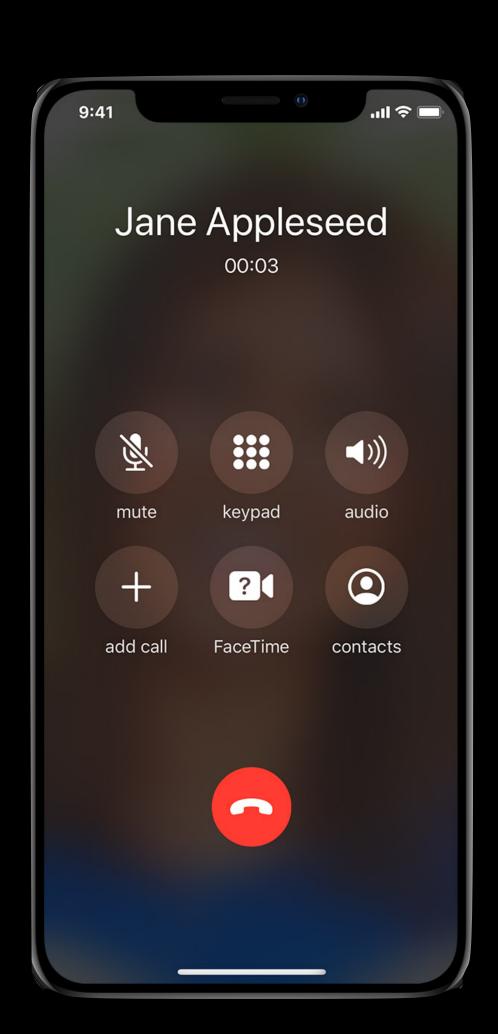
- Call anyone on Facebook
- Not end-to-end encryption (E2EE) enabled
- Filters and Games
- Chat, Video, Calls
- Group Video Chat



## FACETIME



- Apple to Apple communication
- Is E2EE enabled
- Filters
- Chat, Video, Calls
- Group Video Chat
- Part of your iPhone already



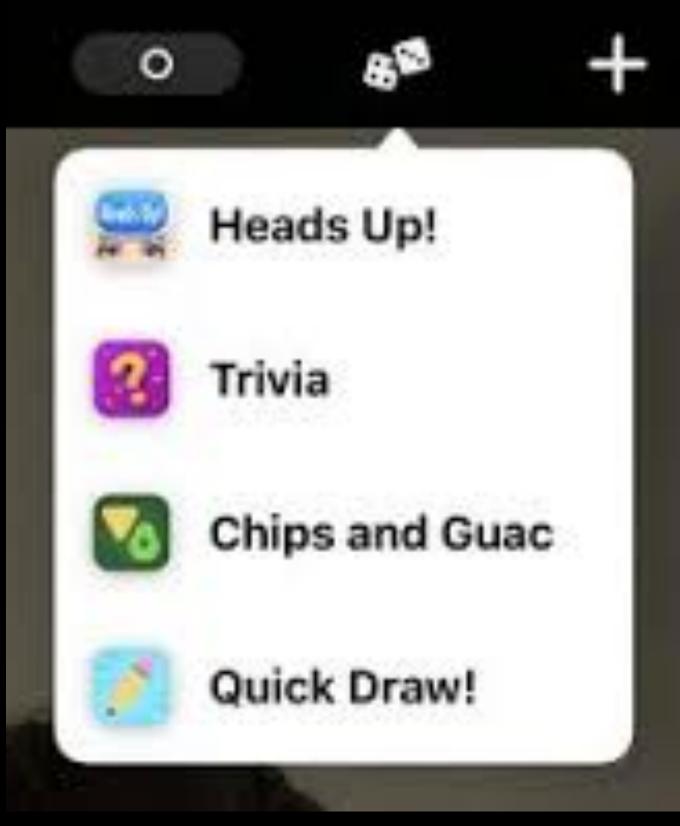


# HOUSEPARTY



- Video chat with games
- Not E2EE enabled
- Messages and Video
- Meet new people
- Acts like an actual party

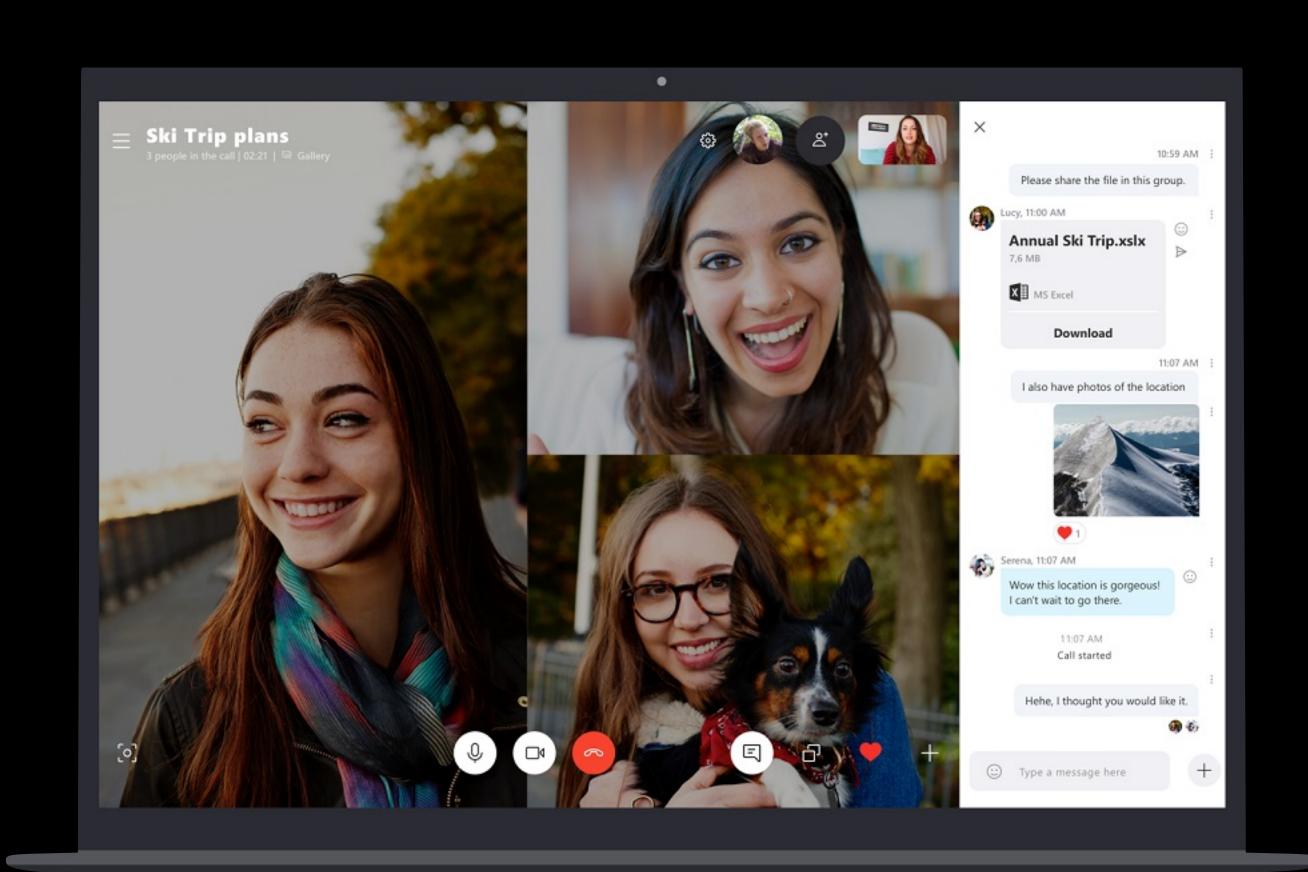




# SKAPE



- Old program
- Is E2EE enabled
- Basic program
- Chat, Video, Calls
- Leave messages



# WHATSAPP



- Up to 4 people
- Is E2EE enabled
- Chat and Video





# MARCO POLO



- Video chat
   messaging
- Not E2EE enabled
- Acts like a 'walkie talkie'
- Uses your contacts



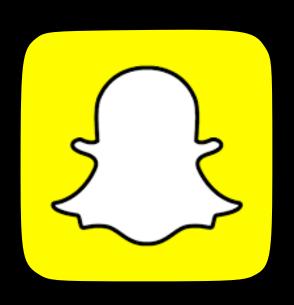
### GOOGLE DUO



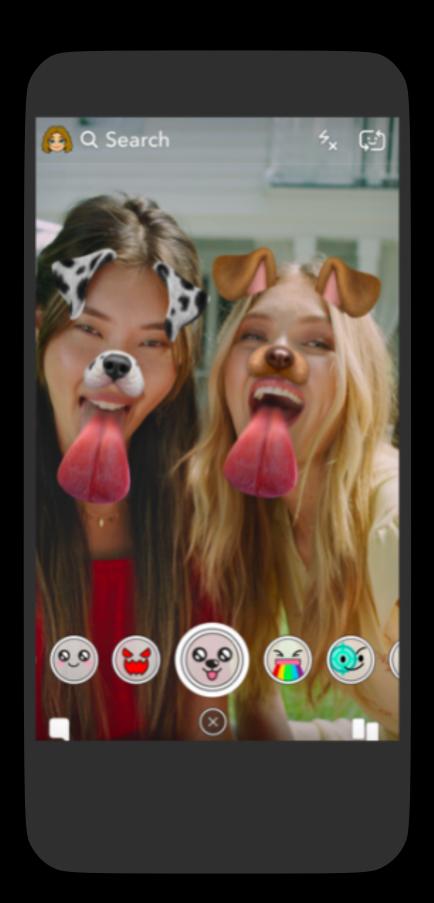
- Googles dedicated video chat
- Is E2EE enabled
- High quality and low latency
- Can leave video messages
- Basic Program
- Up to 12 people

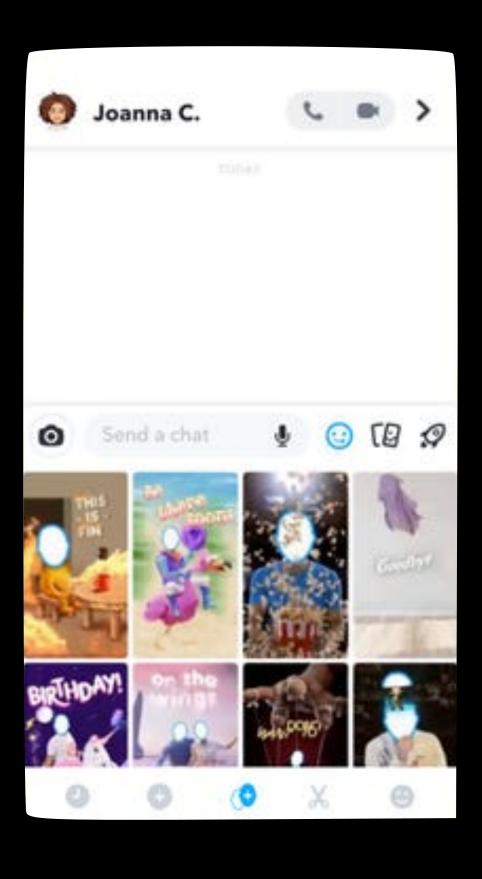


# SNAPCHAT

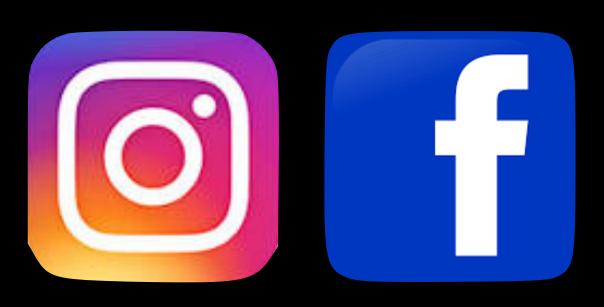


- Video chat messaging
- Is E2EE enabled
- Filters and Games
- At your convenience
- Videos Disappear

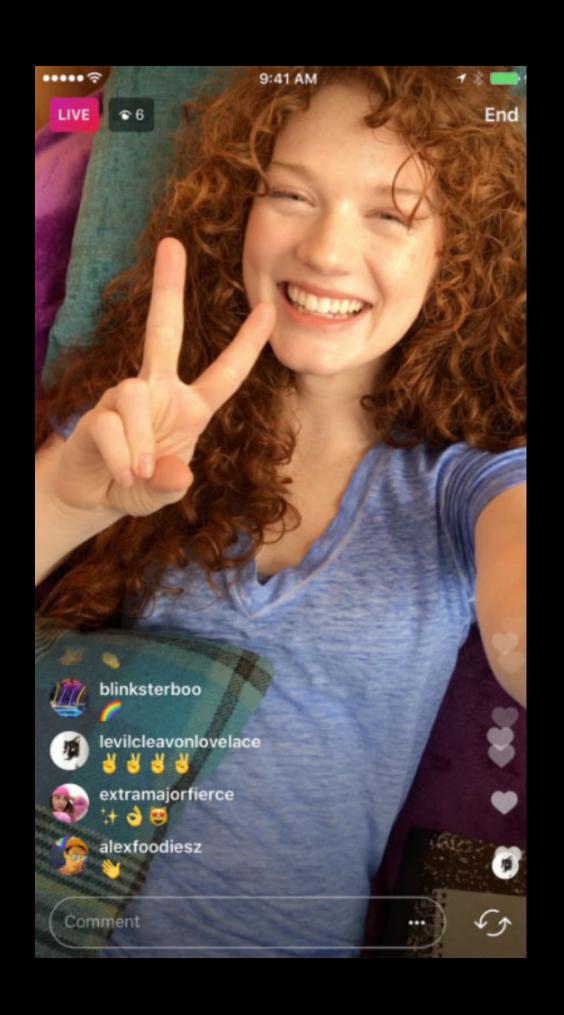


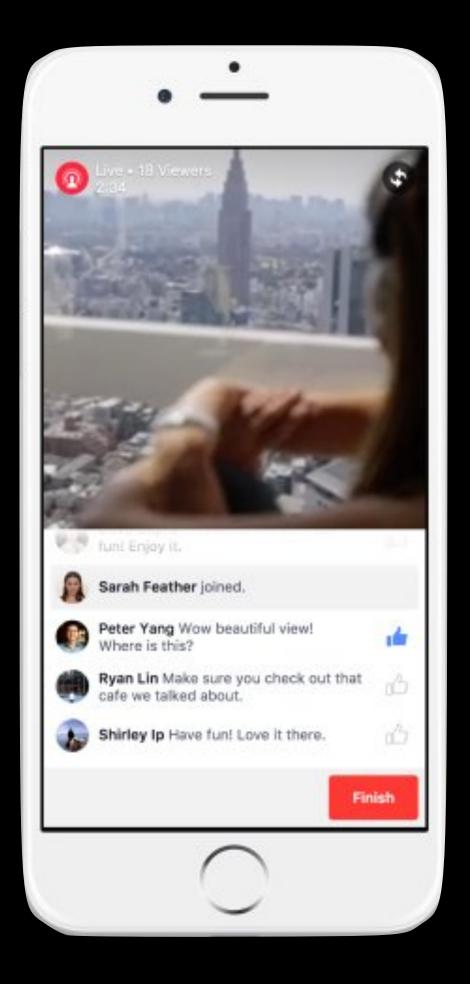


# LIVE VIDEOS



- Instagram and Facebook
- Not E2EE enabled
- Bring users on screen
- Chat with viewers





# Staying Safe Online

#### BASIC INTERNET SAFETY ADVICE

- Know what you are clicking on
- Use **strong** passwords
- Do not give out your passwords
- Change your passwords often
- Use different passwords for different sites
- Do not give strangers money or gifts

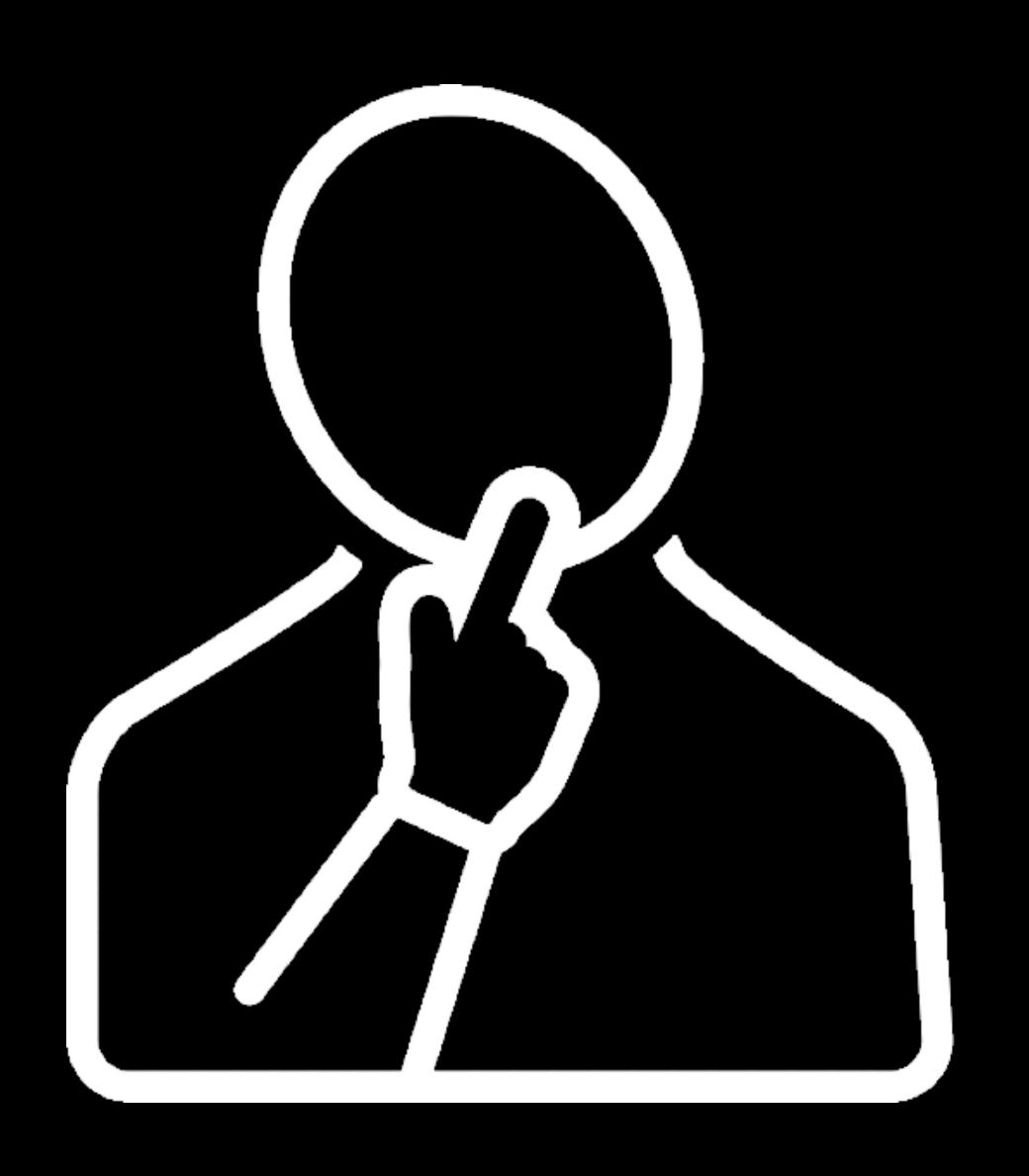


#### BASIC INTERNET SAFETY ADVICE



- Do not ever give out personal information
- Use **good** judgement
- Think before you post
- Trust your **gut**
- Scammers prey on kindness

#### YOUR SOCIAL MEDIA ACTIVITY IS A REFLECTION OF YOU.



- Deleting a photo or comment does
   not completely remove it from the
   internet.
- Limit the amount of **personal** information you share online.
- Manage your privacy settings to make sure you are not sharing your location.
- Don't accept "friend requests" from strangers.

#### ONLINE SAFETY TIPS

- Some apps track your location: <u>Manage privacy settings to make sure that</u> <u>you are not revealing your whereabouts to strangers/other users.</u>
- Do some research to see who owns the platform and how they make a profit.
- Educate yourself on recent scams: <a href="ftc.gov/scams">ftc.gov/scams</a>.
- Caller ID's can be faked. Get a call back number, and then Google the number.
- If someone asks you for your information, or to verify your information, have them give it to you first and confirm.

#### Resources

- NJSAP: http://www.arcnj.org/programs/njsap/
- NJSAP Webinars: <a href="https://www.arcnj.org/programs/njsap/webinars.html">https://www.arcnj.org/programs/njsap/webinars.html</a>
- Zoom: <a href="https://zoom.us">https://zoom.us</a>
- Google Hangouts: https://hangouts.google.com
- ▶ GoToWebinar: https://www.gotomeeting.com/webinar
- Facebook: https://www.facebook.com
- Facetime: https://apps.apple.com/us/app/facetime/id1110145091
- Houseparty: https://houseparty.com

#### Resources

- Skype: https://www.skype.com/en/
- WhatsApp: <a href="https://www.whatsapp.com">https://www.whatsapp.com</a>
- Marco Polo: https://www.marcopolo.me
- Google Duo: https://duo.google.com/about/
- Snapchat: https://www.snapchat.com
- Instagram: https://www.instagram.com
- Apple Security Settings: https://support.apple.com/en-us/HT207092
- Government Scams Website: www.ftc.gov/scams

#### QUESTIONS?

- Stay in touch: <u>ESmithers@ArcNJ.org</u>
- Phone & Fax: 732-246-2525 x26
- twitter.com/NJSAP or @NJSAP
- Facebook: <a href="https://www.facebook.com/">https://www.facebook.com/</a>
  <a href="https://www.facebook.com/">NewJerseySAP/</a>
- Instagram: <a href="https://www.instagram.com/">https://www.instagram.com/</a>
  <a href="https://www.instagram.com/">NewJerseySAP</a>
- NJSAP Website: <a href="http://www.njselfadvocacyproject.org">http://www.njselfadvocacyproject.org</a>