

## Dementia Capable Care, Intellectual/Developmental Disabilities (IDD), & Adult Day Services Fall & Winter 2024

This FREE webinar series is intended to increase adult day service providers knowledge and skills in providing dementia-capable services to aging adults with IDD. As adults with IDD age, they share many of the same challenges as adults in the general aging population, but also have many unique challenges related to their underlying IDD. A total of 9 webinars will be offered over the coming months. The topics for our Fall/Winter 2024 Series are below. Topics for 2025 are being finalized. Register once for the full series of 9 webinars.

### Why Attend?

- Gain important insights from experts in the field of aging, IDD, and dementia
- Learn practical strategies to enhance care services
- Access valuable IDD and dementia resources to support your program

Registration Information: There is no charge for this event but you must register to receive Zoom login in advance of each session. *You only need to register once for full series of 9 sessions.*

- Cost: FREE!
- How to Register: <https://www.the-ntg.org/event-details/opica-fall-winter-2024-webinar-series-for-adult-day-services-programs-2024-11-07-15-00>
- Contact Us: For questions, email [kathiebishop@the-ntg.org](mailto:kathiebishop@the-ntg.org)
- All sessions run for 60 minutes and start at:

12:00 noon PT	1:00 pm MT	2:00 PM CT	3:00 PM ET
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Scan to Register

### Fall/Winter 2024 Schedule

#### November 7, 2024

#### “Dementia Basics: Key Information for IDD Care Providers”

**Presenter:** Kathryn Pears, MPPM/COO, National Task Group on Intellectual Disabilities & Dementia Practices.

**Presenter Bio:** Ms. Pears has been involved in the field of dementia for over 40 years as a trainer and consultant and specializes in the behavioral and psychiatric symptoms of dementia (BPSD) and diagnostic protocols in both the neurotypical population and individuals with intellectual/developmental disabilities. She has worked extensively with adult day service providers to assist them in creating supportive service environments.

#### Topics Covered:

- An overview of the most common types of dementia
- Challenges in identifying the onset of dementia in aging adults with intellectual disabilities.
- Common medical conditions that can mimic dementia in adults with IDD but are treatable.
- Recognizing changes in function that could signal the onset of dementia and what to do next.

**November 21, 2024**

**“IDD and Dementia Awareness: Essential Insights for Day Services Staff”**

**Presenter:** Lucille Esralew, Ph.D., Clinical Neuropsychologist

**Presenter Bio:** Dr. Esralew is a neuropsychologist who specializes in brain-behavior connections in clinical settings, focusing on dementia and IDD and mental health disorders and IDD. Dr. Esralew obtained her doctorate in psychology from the Graduate School of Arts and Sciences, Columbia University (1999) and her certification as a Clinical Neuropsychologist from Fielding Graduate University (2009). She currently serves on the NTG Board and serves as co-chair of the Advisory Body and co-chair of Applied Research and Clinical Health (ARCH).

**Topics Covered:**

- Eligibility for services and the importance for adult day services organizations.
- Types of IDD and risk for dementia.
- Increased risk for Alzheimer’s in adults with Down syndrome.
- Using the NTG – Early Detection Screen for Dementia (NTG\_EDSD) in the adult day services setting.

**December 12, 2024**

**“Dementia Capable Care and Physical/Sensory Environment as Part of Assessment and Care”**

**Presenter:** Kathleen M. Bishop, Ph.D.

**Presenter Bio:** Dr. Bishop has been in the IDD field 45+ with over 30 of those years spent specializing in aging and dementia-capable care for adults with IDD. Dr. Bishop is retired from the University of Rochester School of Medicine and Dentistry and New York State’s Office for People with Developmental Disabilities. Currently, she is a private consultant for organizations, families, and individuals with IDD on health care advocacy and dementia-capable care and Chair of the NTG’s Education and Training Committee for which she travels nationally teaching adult day programs, direct support professionals, and organizations how to design dementia-capable care. Her areas of expertise are health care advocacy and environmental design for creating dementia-supportive environments.

**Topics Covered:**

- How sensory impairment can be a cause for cognitive and functional decline.
- The importance of knowing each adult’s lifelong sensory strengths and weaknesses.
- How impaired sensory processing resulting from Alzheimer’s or other related forms of dementia can impact ability to perform activities of daily living (ADLs) and participation in adult day services programs.
- Practical and inexpensive modifications to the physical environment to support function and independence.

Additional webinars are being planned for 2025...

- Stage-based person-centered care of aging adults with IDD and dementia
- Understanding and accommodating behavioral symptoms in dementia
- Designing “failure-free” programming
- Working with families and the care team

For more information please visit the OPICA website: [www.opica.org](http://www.opica.org)

For more information about intellectual disabilities and dementia please visit [www.the-ntg.org](http://www.the-ntg.org)