

Healthy Relationship Resources

amaze.org has animated videos on a variety of healthy relationship and safer sexuality topics. Their website has a section for educators with toolkits and lesson plans, all available for free.

ConnectSafely is a nonprofit dedicated to educating technology users about safety, privacy, and security online. They have information written for young adults and for parents. Their "Tips and Advice" section includes a lot of fact sheets about today's Internet safety issues. connectsafely.org

The Arc of Spokane developed a "Healthy Relationships Workbook" that can be downloaded for free at: <http://arcwhatcom.org/wp/wp-content/uploads/2013/11/Healthy-Relationship-Workbook.pdf>

King County in Washington has a 28-week special education curriculum available to download on healthy relationships and safer sexuality. <https://www.kingcounty.gov/depts/health/locations/family-planning/education/FLASH/special-education.aspx>

Sexuality resources

Katherine McLaughlin has developed a curriculum on sexuality of individuals with intellectual and developmental disabilities (IDD). The curriculum is available for sale on her website www.elevatustraining.com/. There are also several webinars available on this website.

Planned Parenthood has locations throughout Texas and provides affordable healthcare to individuals with and without insurance. They also have a wealth of educational information on their website: www.plannedparenthood.org

A report from **Multnomah County** on supporting the sexual health of individuals with IDD may be found here: <https://multco.us/school/sexual-health-youth-developmental-disabilities>

The Birds and the Bees provides information about teaching sexuality to individuals with autism and other developmental disabilities. <https://asdsexed.org/>

Need more?

Contact SAFE Disability Services at disabilityservices@safeaustin.org for technical assistance.